

Have you been exposed to the sun or tanning booth in the past 2 weeks? _____

Have you applied self-tanners in the past 2 weeks? _____

Are you using broad spectrum UVA UVB sun protection? _____

Are you using retin A (if so please stop use 1 week prior to treatment) _____

Have you been on Accutane in the past year? (Need to be off Accutane for 12 months) _____

Are you pregnant or trying to become pregnant? _____

Are you breast feeding? _____

What was the date of your last chemical peel? (No sooner than 90 days prior to ResurfX and 2 weeks prior to IPL) _____

Are you on any medications or herbal supplements? _____

How old is the tattoo? (Must be 6 months or older) _____

Is the tattoo professional or amateur? _____

How large is the tattoo? _____

Instructions

- No exfoliating 72 hours before and after treatment
- No Clarisonic for one week following
- Must wear broad spectrum UVA UVB sun protection two weeks before treatment and for the duration of treatments
- Drink 8 glasses of water the day before and for 72 hours following treatment
- Please have all makeup removed before check in (Can use our products if needed but must be here 15 minutes prior to appointment)
- If ResurfX or tattoo removal, patient must check in one hour before treatment to have numbing cream applied
- Must keep body's core temperature cool the day of and 24 hours after. No working out or saunas
- Can use Ibuprofen day of treatment and after treatment